

Troup Middle School DISTRICT TRACK MEET SCHEDULE
APRIL 1 @ 3:30PM Jack Murphy Stadium, Gladewater

3:30 SESSION I

7th Grade Boys & Girls 2400, boys start @ 200m mark
8th Grade Boys & Girls 2400, girls start @ 200m mark
Boys & Girls Get Marks for Field Events

4:00 SESSION II

- Girls Running Events
 - 4x100m relay
 - 800m run
 - 100m Hurdles
 - 100m Dash
 - 4x200m Relay
 - 300m Hurdles
 - 200m Dash
- Boys field events begin:
 - 8th / 7th - High Jump
 - 7th / 8th - Triple Jump
 - 8th / 7th - Long Jump
 - 7th / 8th - Pole Vault
 - 8th / 7th Boys, 8th / 7th girls - Discus
 - 7th / 8th - Shot

6:00 SESSION III (Begins as soon as Session II is over)

Boys Running Events

- 4x100m relay
 - 800m run
 - 110m Hurdles
 - 100m Dash
 - 4x200m Relay
 - 300m Hurdles
 - 200m Dash
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- Girls field events begin:
 - 8th / 7th - High Jump
 - 7th / 8th - Triple Jump
 - 8th / 7th - Long Jump
 - 7th / 8th - Pole Vault
 - 8th / 7th Boys, 8th / 7th girls - Discus
 - 7th / 8th - Shot

8:00 - 8:30 SESSION IV (Begins as soon as session III is over)

- 7th grade boys and girls 1600m run. Boys start @ 200m mark
- 8th grade boys and girls 1600m run. Girls start @ 200m mark
- 7th girls 4x400m relay
- 8th girls 4x400m relay
- 7th boys 4x400m relay
- 8th boys 4x400m relay